



## NIPPERS PROGRAM 2023/2024 SEASON Updated August 2023

Any enquiries please contact the Junior Committee Secretary [jnr\\_secretary@stanwellparksurfclub.com](mailto:jnr_secretary@stanwellparksurfclub.com)

*Seagulls*

To participate in point scores (both beach and water events) at Stanwell Park Beach all U6 to U14 must complete the pool proficiency swims prior to the start of the season.

To participate in Carnivals (both beach and water events) all Under 9 to Under 14 must complete the pool swim and open water swim prior to competing. Under 8's only need to complete the pool swim to compete at Carnivals.

**DOWNLOAD STACK TEAM APP AND JOIN HSP NIPPERS FOR ALL COMMUNICATION THROUGH THE SEASON.**

**For a nipper in U8's - U14's to be eligible for a 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place trophy, at least 75%\* attendance is required.**

**Board training starts from the 22<sup>nd</sup> October and runs during the season  
Sunday 7:30am - 8:30am**

**Ironperson events for U9s to U14s will start at 8:30 am on POINTSCORE WEEKS  
prior to Nippers starting at 9am.**

**Please arrive at least 15 minutes before the start time.**

### OCTOBER

- Thurs 12** Pool proficiency swim – 4 – 5:30pm at Helensburgh Pool  
**Sat 14** Pool proficiency swim 9am - 11am  
**Sun 15** Boards and transition day for Under 9 and over at Bundeena  
Ocean proficiency swim for Sydney Waters Entrants  
**Note: Kids must have completed pool proficiency to attend this session.**  
**Sun 22** Education, Skills training commences 9am at Stanwell Park Beach  
**Sun 29** Point Score 1 commences 9am at Stanwell Park Beach

### NOVEMBER

- Sun 5** **TWILIGHT** Education, Skills training commences 3pm at Stanwell Park Beach  
**Sun 12** Point Score 2 commences 9am at Stanwell Park Beach  
**Sun 19** Education, Skills training commences 9am at Stanwell Park Beach  
**Sun 26** Point Score 3 commences 9am at Stanwell Park Beach  
**SANTA PHOTOS ON THE BEACH**

### DECEMBER

- Sun 3** Education, Skills training commences 9am at Stanwell Park Beach  
**Sun 10** Point Score 4 commences 9am at Stanwell Park Beach  
**Sun 17** Carl Williams Cup commences 9am at Stanwell Park Beach  
**BREAK UP DAY & CHRISTMAS DRINKS.**

**LAST DAY OF NIPPERS FOR 2023 - SEE YOU IN JANUARY**

## JANUARY 2024

**Fri & Sat** Nippers **Leadership Camp** for U13s and U14s  
**19-20**

**Sun 28** **FIRST DAY BACK AT NIPPERS FOR 2024**  
**Education & Skills training** commences **9am** Stanwell Park Beach

## FEBRUARY 2024

**Sun 4** **Pointscore 5** commences **9am** at Stanwell Park Beach

**Sun 11** **Education & Skills training** commences **9am** at Stanwell Park Beach

**Sun 18** **Pointscore 6** commences **9am** at Stanwell Park Beach

**U6 and U7 Presentation Day** straight after nippers

**Sun 25** **Skill transition\*\*** session 1 **9am - 11am** at Bonnievale (U9 - U14)

## MARCH 2024

**Sun 3** **Skill transition\*\*** session 2 **9am - 11am** at Bonnievale (U9 - U14)

**7-10** **NSW Age Surf Life Saving Championships – Queenscliff SLSC**

**Sun 24** **U8 - U14 PRESENTATION DAY 2pm-5pm** at the surf club

Disclaimer: please note that all dates, events and venues are subject to change. Helensburgh Stanwell Park SLSC will endeavour to keep this calendar as updated as possible, however takes no responsibility for any errors or changes outside our control.

\* The committee's discretion on attendance requirements may be applied to individual circumstances.

\*\* The **skill transition** sessions at the end of the season are provided to assist with Nippers skills and progression into the next season's program. Activities are primarily water focused working on surf skills, board handing/paddling techniques and age dependent transitions including foam to fibreglass board transition and short to long board transition. As always, the conditions are assessed for participants safety and competency and proposed activities adjusted accordingly to suit the conditions. If the beach is closed or surf conditions unsafe, activities will be focused on the sand and fitness. Skills transition sessions are for U9s and above.